

What is Our Deepest Fear?

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"Our deepest fear is not that we are inadequate. Our *deepest* fear is that we are powerful beyond measure. It is our *light*, not our darkness that most frightens us. We ask ourselves, 'Who am I to be brilliant, gorgeous, talented, fabulous?' Actually, who are you *not* to be? You are a child of God. Your playing small does not serve the world. There is nothing enlightened about shrinking so that other people won't feel insecure around you. We are all meant to shine, as children do. We were born to make manifest the glory of God that is within us. It is not just in some of us; it is in everyone. And as we let our own light shine, we unconsciously give other people permission to do the same. As we are liberated from our own fear, our presence automatically liberates others."

- Marianne Williamson, *A Return to Love: Reflections on the Principles of A Course in Miracles*

What if we are all fully responsible for our own lives? What if deep inside we are already all-powerful creators, full of perfect light, infinite inspiration and unbounded enthusiasm – right here and right now?

"Oh, no!" indeed.

And, yes, "Hide me!" Hide me from the ego – bringing to me fear intermixed with grandiosity ...



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"A miracle worker is an artist of the soul. There's no higher art than living a good life. An artist informs the world of what's available behind the masks we all wear. That's what we're all here to do. The reason so many of us are obsessed with becoming stars is because we're not yet starring in our own lives. The cosmic spotlight isn't pointed at you; it radiates from within you. I used to feel like I was waiting for someone to discover me, to "produce" me, like Lana Turner at the drugstore. Ultimately I realized that the person I was waiting for was myself. If we wait for the world's permission to shine, we will never receive it. The ego doesn't give that permission. Only God does, and He has already done so. He has sent you here as His personal representative and is asking you to channel His love into the world. Are you waiting for a more important job? There isn't one."

- Marianne Williamson, *A Return to Love: Reflections on the Principles of A Course in Miracles*

Shine on!

Namasté,

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